

Redirecting for a Cooperative Classroom

Q: Why is this course so different?

A: This is a dynamic course with the goal of teacher and student empowerment. Addressing behavior management issues, the course teaches techniques to create a peaceful classroom environment. Attempting to simply control students' behavior is not effective. Teaching students to become effective decision makers, accept responsibility, and cooperate with others is how they learn and grow into a successful adult.

Q: Why Redirecting for a Cooperative Classroom?

A: The course is based upon the work of Rudolf Dreikurs, MD, a highly regarded therapist, researcher, and author of *Children: The Challenge*. The RCC course and materials are contagious, fun and effective, and will assist both teachers and students in the classroom.

Q: Who is Living At Peace, LLC?

A: Living At Peace is a NJ-based company that provides experiential workshops that give both adults and children tools and techniques to realize and overcome self-limiting beliefs. Living At Peace empowers and influences people to live life with a positive mindset by developing greater self-awareness. Living At Peace works to create a world where adults and children feel unconditional love for themselves and others. Other courses offered: Redirecting Children's Behavior for Parents (RCB), RCB for Children.

Q: Will I receive PDH's for taking this course?

A: This course provides 12 Professional Development Hours. Course sessions are held once a week for two hours over a 6-week time frame.

Please contact Sharon Silverstein
for local course information:
Living at Peace, LLC
10 Jennings Court
Hillsborough, NJ 08844
(908) 431-9904
www.LivingatPeace.com

Session 1

Creating an Encouraging Learning Atmosphere

- Balance teacher control vs. team responsibility for learning
- Develop encouragement strategies
- Become self-sufficient

Session 2

Raising Self-Esteem

- Learn how to handle feelings
- Expand communication skills
- Develop ways to help students feel important

Session 3

Creating a Democratic Classroom

- Enhance team-building techniques
- Create effective agreement and consequence strategies
- Implement guidelines for class meetings

Session 4

Redirecting Students' Behavior

- Learn specific redirecting techniques for each goal of misbehavior
- Deal effectively with power struggles
- Increase students' self-confidence

Session 5

Resolving Conflicts through Natural and Logical Consequences

- Resolve conflict in the classroom
- Use natural and logical consequences for handling conflicts
- Design steps for leading a class meeting

Session 6

Creating Your Personal Support Network

- Plan a system of conferencing with students
- Learn alternatives for parent-teacher conferences
- Explore parent/education possibilities
- Learn how to address special behavior problems

How the Course Unfolds

The course is most effective when held for two hours a day, once a week, for six weeks. Participants practice hands-on techniques through role-playing and group interaction. The RCC workbook also supports the activities and information included in each session. Each week includes hands-on homework assignments to practice the new techniques being learned.

About Your Instructor

Sharon Silverstein was a teacher in the New Jersey public school system for 14 years. She received her Bachelor of Music degree and teaching certificate from Rutgers University. Sharon is a member of the New Jersey Education Association and the International Network For Children and Families. She is also a Certified Parent Educator offering *Redirecting Children's Behavior* courses for adults and children. In addition, Sharon presents teacher in-service workshops and facilitates Team-building drumming circles. Sharon is a highly motivating, innovative, energetic teacher, and believes that people can reach their full potential by developing greater self-awareness.



Are you frustrated by students who...

- ◆ Continually break the rules?
- ◆ Act apathetic and unmotivated?
- ◆ Lack expression of mutual respect in the classroom?
- ◆ Do not participate in class activities?
- ◆ Believe no one likes them?
- ◆ Blames others and involves you in their peer conflicts?

...Then this course is for you!

Learn how to:

- ◆ Increase teaching time and student on-task behavior
- ◆ Create teamwork and cooperation
- ◆ Develop new, more effective tools for changing students' misbehavior
- ◆ Enhance students' and teachers' self-esteem & communication skills
- ◆ Have a powerful and positive impact on the lives of your students

Sharon Silverstein
Living at Peace, LLC
10 Jennings Court
Hillsborough, NJ 08844



Redirecting *for a* Cooperative Classroom

